



BREAKFAST

- Egg (vegetables omelette, sunny side up, scramble)
- Egg with ham and cheese
- Pancake with jam/honey/chocolate cream
- · Butter with jam or honey
- · French toast
- · Avocado cream with fresh tomato
- · Special breakfast (egg, jam & butter, fruit salad, juice)

EXTRA

• Breakfast fruit salad

Each Breakfast goes with tea, Nescafé or Cacao (Milo)

SNACK

- Daily soups (beans soup / onion soup / pumpkin soup)
- Tuna sandwich
- Vege sandwich

LOCAL FOOD

- · Plantain or yam with beans stew
- Special jolof rice (with chicken)
- Rice with vegetables sauce
- Rice ball with chicken soup



CONTINENTAL FOOD-**LUNCH/DINNER**

- Proper Beef steak
- · Beef steak with onion red wine sauce
- Beef steak with pepper-cognac
- · Beef steak with creamy mushroom
- · Beef steak tagliata (sliced beef on rocket with olive oil and parmigiana)
- · Fried fish from the Lake with vegetable sauce
- Fried/grilled chicken
- Viennese-style chicken steak
- · Chicken breast with mushroom creamy sauce

Lunch goes with Rice/potato chips/mash potato/Yam

- · Fried rice with chicken
- Spaghetti/Macaroni with Bolognese sauce/tuna sauce/eggplant sauce

SALAD

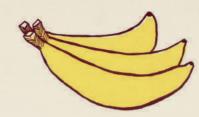
- Salad with season vegetables
- Fruit salad (with hot chocolate)
- · Special salad with avocado and mango (when is season)

DESERT

- Dumpling filled with jam in sugar-cinnamon sauce
- Pancakes (with chocolate cream / homemade jam / honey)
- Special pancake with banana and chocolate cream

EXTRA

- Rice (fried, plain)
- French fries
- Potato (cooked with butter or mash potato)
- · Yam or plantain





DRINK

HOT DRINKS

Proper Coffee Nescafe Tea Cacao (MILO)

FRESH DRINKS

Juice (pineapple or orange) Lemonade Voltic water 1,5l

SOFT DRINKS

Sprite, Coca Cola, Fanta Alvaro Tonic

BEERS

Club, Star, Stone, Guinness, Castle Milk Stout, Malt (alc.free)

SPIRITS

Whiskey Gin Vodka Jägermeister Martini

Mandingo (with juice)

WINE

Bottle of wine Glass of wine

